



**HEALING FROM LYME
DISEASE AND CHRONIC ILLNESS
NATURALLY SUMMIT**

Lyme and emotional Healing

**Dr. Robby Besner PSc.D. interviewing
Dr. Michael Rankin Jr**



Robby Besner PSc.D.

Hey everybody. It's Robby Besner back again with an amazing episode with one of just a guy that's just an amazing guy, philanthropist. He is the son of one of my best friends on the planet. It's Dr. Michael Rankin Jr. And if you talk about the apple not falling far from the tree, then that's Dr. Michael Rankin Jr, the apple falling not too far from his father, who an amazing healer in his own right. He's just got his father's genes, not just in his DNA, but it's all over him. And he's risen above that and created his own special presence and ways of healing. I want everyone to meet and embrace Dr. Michael Rankin Jr. I call him Michaelson. So if you hear me mention that a few times during our interview, it's coming from my heart. Hey, Dr. Michael, can you just do me a favor, and let's give everybody that's listening today, a little bit of your backstory. So how did you decide to get into sort of healthcare, a little bit about your journey, and then bring us up to the kinds of things that you focus on in your practice today?

Dr. Michael Rankin Jr

Sure. I actually spent about 15 years in sales, you know, living my dream of not having to work very hard and making a good living, and with zero or close to it, responsibilities, just how I liked it. And then one day I was talking to dad, and I was off for the winter like I did in this particular job, selling construction projects. And I started talking to him about being a little bit bored. He asked me to... "You know, well, if you're bored, why don't you see if you can help me out, you know, with some of my office stuff. I got these people that call in all the time. And I, you know, I don't know how to, you know, get to them all." I mean, he's worked, you know, probably 12, 14 hours a day at the time, and was just really kind of backed up and just couldn't make it to all these people. So I started calling people and setting up tasks and things like that. And he was pretty smart about it. And he added responsibilities little by little. And within just, I dunno, the first couple months, I started seeing such unbelievable miracles, you know, physical crushing pain that had been there for sometimes, years or decades for these people. Everything from, you know, stage four liver cancer to Epstein-Barr, fibromyalgia, diabetic nerve pain. You know, we're not treating any of



these diseases, of course, but when you... Like dad's specialty is focusing on the emotional release work. I specialize a little more on the physicality, you know. After a few months... I mean, literally it was just like two months, three months, I think, I started my own degree, because once you start seeing those kinds of miracles, it's really pretty difficult to go back to anything else, you know, in all honesty. And I mean, my jaw is still on the floor, Robby, most dates, and I've been doing this over four years now, you know. It's like, to me, this is real life magic, you know. I've always been fascinated by magic and things like that. But for me, this is real, you know. When you see somebody who's been in pain for... You know, I had a woman in my office about six months ago, 50 years old, had a headache every single day of her life all day. And in about a quarter of the time, they turned into full blown migraines that would completely debilitate her and put her in a room, you know, where she had have an ice pack on her head and couldn't move, you know. And we were able to turn that off. I mean, I asked her. I always asked people, how many doctors have you seen, you know. 'Cause this is a 40-year problem. Obviously she's gone through the whole gamut. And she had told me it was between 70 and 80, you know, if she had to guess. We shut that off in five minutes. Okay. Just by moving some electricity around, just moving some energy around the body, correcting some blockages, you know, opening up the meridians that were contributing to that. And then, puff, it's gone, you know. And I've got, you know, hundreds of stories very similar to that. You know, 40 years is probably the longest, I would say, I'd ever corrected something, but 10, 20 years, it's very common.

Robby Besner PSc.D.

All right, let's unpack this because there isn't a day that goes by that we don't coach and talk to Lyme patients, people in Lyme community, that when I ask them, what are the top five, top three things that bother them, symptoms that are annoying, and pain is either the first or the second that everybody talks about. And so everybody out there that's listening today, we're talking to Dr. Michael Rankin Jr. He's located in St. Louis. And you can get to him by either calling him directly, which is amazing, 3148999535 or appropriately named, or you can get to him directly through his email, painfreelifestl@gmail.com or go to his amazing website, painfreelifelc.com, or you can find them on Facebook. What's unique he's sort of a doctor without any boundaries. Like he will work with you virtually, his activities. So he has a hands-on practice in St. Louis, but certainly you can reach him through telemedicine. That's what I was searching for. And then dial in some of the challenges you have and then work out a plan. So that's kind of, you know, a clinic without



walls. You're unbridled in the amount of people you can touch in many different countries besides just the US.

Dr. Michael Rankin Jr

All of the world. Yeah.

Robby Besner PSc.D.

So let's dive into this. You know, you kind of, besides just listening to your dad and seeing, you know, kind of the stories, or hearing things that occurred, you had that personal experience yourself of, you know, helping him out in his practice, seeing the miracles that he performed, as well as how the body responds, that inspired you. You not only learned from being around, but you also took the great challenge of going to medical school. You became a naturopathic practitioner. And now you have your own practice. So I know it's multi-disciplined, and I know, you know, you picked up all the tricks and all that bio and all those synergies of all these hacks and what you do. So let's just talk about pain. Because I really, really wanna dial in and unpack that for the people listening today. So, you know, in my experience with the things that we do about pain, there's a concept that's called breakthrough pain. And so I think it's like a third of America, talk about breakthrough pain. As it's defined, if it was a stereo, and the volume on the stereo went up to 10, breakthrough pain is when you're at eight or nine, where the threshold of pain is so high that you can't focus on your work, you can't focus on your life, you can't sleep, there isn't a place that you can sit or stand that you feel comfortable. And so you being a specialist, and you working miracles, truly miracles in your... By the way, you know what the definition of a miracle is? It's an event that occurs that we can't explain. So in healthcare, you know, when you have a miracle, wow, it's just like, well, we can't put it in a category. We can't patch pigeonhole it. We can't put a label on it. So you healed because you had a miracle. Wow

Dr. Michael Rankin Jr

Robby, Western medicine has a special term for this. There's actually a medical term for this. And I hear it all the time from these people go back to see their regular medical doctors with zero symptoms now after five, 10, 20 years. And all of them say exactly the same words, spontaneous, miraculous healing.



Robby Besner PSc.D.

I love it. I wonder whether that's a billable insurable event where you can actually... The doctor can do that and then bill for it, that would be very unique. So let's talk today about pain-free life. Let's talk about... Walk us through what that's like when we come into clinic, the kinds of things of techniques that you do, and then give the audience, everyone watching, just some things that we can do at home, just to kind of get started. Inspire us in that way, if you would.

Dr. Michael Rankin Jr

Yeah, sure. So you're right. We do have a lot of modalities in here that we use, you know, energy correction devices called an echo scope, has probably been my main go-to. And we have people... I mean, I've been all over the country traveling to see people, dad too, or they come to us, you know. A lot of people can't travel though, so we will travel to them if we need be. But that is probably the main device that I would use for most pain, because it's been my experience and it's been over two years now that I've had my own practice and I've worked on it, you know, at least, I dunno, somewhere between 200, 300 people, I guess, if I had to, you know, probably more. And 99% of the time, maybe let's call it 98 to be conservative. If I tell them to put their finger on the epicenter of the pain, they're going to drop it right on an acupuncture point. Okay? Now, I don't practice acupuncture. I don't know acupuncture. I'm not doing it here in this office, but I do... I'm familiar with the electrical system of the body that we've known about for thousands of years.

So why not use it? You know, once I started doing that, and realizing that these electrical lines that run all over the body, most of the time, they have just some kind of block, you know? If they're here in the office or I travel to them, I can put, you know, like... Just an example, I had a woman come in after chemo radiation for some breast cancer. Ever since then, she had these shooting electrical pains going down both of her arms. And it was severe. It was eight, nine out of 10, you know? And it was all day, every day, for like over 10 months. Okay? So she had come over to the office one day, and I started doing a couple of the different modalities. This is in the very beginning. I think this is probably the sixth or seventh person I ever worked on. It with some girl I knew from high school, you know. And I was trying to get some practice hours in. So I put a note out on Facebook and said, "Hey, you know, you need to have seen at least 10 doctors, I need the pain to be at a minimum of five every day. You know, don't bring me some minor ache or pain, you know? And so she came there, and I was trying a couple of the usual things that had



worked on the five or six people previous to her at 100%, you know. And this wasn't working on her. I was like, Ooh. You know, I started to get a little embarrassed. And I was like, "Well, let's think about this, you know. You keep telling me the same thing over and over, that it's shooting down your arm. So why don't you show me, right, where this is?" I told her to take her finger, put it on the epicenter, and sure enough, she dropped it right on a triple warmer line point. Okay? So I just... And then I had her take her finger and run it down her arm in the pathway that it went. Robby, she literally... And she had never seen an acupuncture at all before. She had no idea where these lines were, where they traveled, but she went exactly down that line. And I was like, "Well, let's see, let's stick a plate up here at the one end, right? Where it's hurting the most, and then we'll stick one down at the end of that line and see what happens." And three minutes, it was gone. Okay? It was like a 0.5, 0.6, she said, but it was like an eight and a half when she came to my house that day. And I get that, you know, some people want... I mean, they're in extreme pain like that, it will go away. It'll be below one. They say it feels like they've worked out a little bit too hard, you know, and then the next day they're a little sore. And most of the time, by the next day, that's gone.

Robby Besner PSc.D.

Amazing.

Dr. Michael Rankin Jr

And I've incorporated that for things like sciatic pain, you know, it's been my experience. I mean, 100% of the time so far is, it's a gallbladder Lyme problem, you know. A lot of times that little point on the side of their butt gallbladder 30, you know, and then I'll put another one down at gallbladder 30 back below their ankle. And you just turn that on, you know, you just flip it on like a switch and boom, their pain is gone. And I've had people for... You know, the first girl with sciatic pain that I did this on had it for 15 years. Again, all day, every single day. And she had been through, you know, 15, 20 different doctors, chiropractors, acupuncturists, medical doctors. She tried all the drug, trial and massages. She had a couple of devices that would help her for a couple of hours. Right? And then it would be back at full blast. And about once a month, it would put her in bed for a few days. And we literally... It was so funny, when she came out, she had had a steroid shot that they gave her like, five, six years ago, trying to help it. And they had hit a nerve or something and caused an injury right in the middle of her thigh. Right? That took me about



20 minutes to fix. But the sciatic pain itself, less than five minutes. And it might've been in one minute. I just didn't have her get off the table until I was done with the cycle, you know.

Robby Besner PSc.D.

Wow.

Dr. Michael Rankin Jr

And Robby, you know, I know we're talking about Lyme, you know, and everybody's got Lyme, right? Everybody's got some Lyme. Well, let me say this. We've never tested anyone that didn't have some Lyme. Not ever, not one time. And we have tested 100, maybe thousands of people probably by now, right, over the years. And so like we have to ask the question, why is this person reacting so badly to it as opposed to this person, right? That's the main question for us. So that's the kinds of things that we dig into, but it's been my experience for people to come with Lyme, because lots of Lyme people have lots of pain, all over body pain. You know, a lot of times it'll be concentrated in the joints and things like that. I just had a young lady, the loveliest woman, really young too, and so vibrant. She wasn't when she came in, you know, she kind of hunched over. And she was in like eight, nine out of 10 pain for years and years, you know. Some friend of mine had talked her into giving me a call. And she had told me that she didn't believe in any of this. She was just pretty desperate and told me her husband was really very skeptical as well, you know. I think there were just kind of throwing a hail Mary. And so they came in... I told her to send me a list of like her top five symptoms, you know, 'cause she was going to be here for a couple of hours. She was coming in from out of town. And she sent me a list of like, I don't know, 25 or 30 items. Okay? Symptoms. Right? And she left in... I did the laser detox on her, and I did some about an hour and 20 minutes of some electrical correction work, just on her spine and then I focused on the joints a bit. And she popped up my table pain free and she left my office symptom free. Okay? For the first time. I think it was like three or four years.

Robby Besner PSc.D.

Wow.

Dr. Michael Rankin Jr

We left to her, you know, smiling, it's those little things that would really do it for me.



Robby Besner PSc.D.

You know, I love how you've walked us through three or four case studies in the last 15 minutes, which is important because you're really tapping into the authentic shifts that you're seeing and doing in your clinic, that people need to know that this kind of technology is available and they can use it and utilize it. You touched on... You said that you're not a student or let's say a specialist in acupuncture techniques, but yet you focus on these energy meridians that basically it's sort of a network or a grid that we all have that the Asian-Black countries, they've been using this, you know, non-invasive form of diagnosis and treatment for thousands and thousands of years.

Dr. Michael Rankin Jr

Literally.

Robby Besner PSc.D.

You know, I had some acupuncture about 35 years ago on myself before it was actually legal in the US. So it took a long time before it got recognized as an, you know, a true kind of therapy. And now, they do brain surgery and they use acupuncturist, so they don't have to use any kind of anesthesia. And so the person that they're doing the brain surgery on, is very present in the room. And as the surgeon is working on the area, they can respond only because they're anesthetize using acupuncture points to block these meridians. So think about that for a minute. You're talking about a patient that comes in, that's expressing pain because they have a block. And here, Western medicine is using the same technique to block a nerve channel, so that there's no pain while they're doing a surgery. So what you've done is you've unpacked the other side of that equation. And I just love how intuitively that person able to show you that great meridian channel went down. And then what you did using your devices, is you basically created a... Well, there's a few reasons why you have these blocks. One could be emotional, one could be physical, or the hybrid of a little bit of both, right?

Dr. Michael Rankin Jr

Usually is both.

Robby Besner PSc.D.

But you've got this little like... I almost call it a roadway or a highway of nerve endings that connect from your brain spinal cord to giving instructions to your muscles, your organs. And



that's the way we pass information around in our neurological system. If there is a break in that communication, it's almost like if you were a deep sea diver and you were wearing a skin dive air, like an air breathing device on your back. And someone was swimming behind you, and they were kind of strangulating that air hose, so that you're being strangulated from... Or you're not getting all the oxygen you needed. You would be breathing heavy or struggling to get that oxygen in. And now we've got a nerve information that's trying to get from one end to the other end, but it's being interrupted. That signals being interrupted. And with your techniques, you can make that complete information highway opened up. And then all of a sudden, like you're saying, chronic challenges that have lasted for 10s of 20s, 30 years, they just, boom. They're gone because you've made that connection.

Dr. Michael Rankin Jr

That's right.

Robby Besner PSc.D.

And I absolutely think that's fantastic. The body does the rest of the heavy lifting. You're getting it back on the road. I often think that people with chronic challenges, including everyone out there in Lyme last, it's almost like our GPS, our guidance systems, have been turned off somewhere in our body systems, right? Signaling the ability to, you know, see an invader for the body's own immune system to recognize all the co-infections and the Lyme, you know, bacteria and parasite itself. And so without its ability to do that, it can't really go after it, the immune system I'm saying, and do its job to protect the body and maintain the integrity of your internal environment. So that's the why some people get it, you know, are exposed and some people are symptomatic and some people aren't. Right? Wow. This is super cool. So we only have a few minutes left today, and I'm wondering...

Dr. Michael Rankin Jr

Hey, you know what? Robby, real quick. If that's the case, I need to get something in real quick. Because, you know, we were talking about being able to do stuff remotely. And so you can actually... There's a trick that I was taught years ago by Jennifer , you know her, a wonderful doctor. And I had this cough that was chronic, 36 hours straight. I think I might've told you this before, every five minutes. Right? And I went to see her for this training session that I was doing. And it was, you know, literally every five minutes. this has been going on for 36 hours straight. I



think it was a mold exposure, you know? And so she had this app she typed in, an acupuncture app. It's called Points. P-O-I-N-T-S. It's got the little blue and white yin and yang. So you can find it. I think it's like \$35 these days. Worth every nickel. She took a laser pointer, just a simple little laser pointer and did these little clockwise circles, about the size of a dime on a couple of a lung points, one of my wrists and then one here. And I kid you not, it stopped just like that. Okay? So I started using it for other things. I've done it with anxiety. A lot of pain stuff. Just as an example. So a friend of mine has sciatic pain. She would get into a fight with her husband and it would really drive that up. Right? It was one night, she was really an excruciating, like nine out of 10 pain. And couldn't go to bed, couldn't go to sleep, had a long day. She was actually coming to see me the next day. But she was like, she didn't know what to do. It was hurting so bad right then. So I told her to get a laser pointer, and she sent her husband out to Walgreens to pick one off. I think they got a cat toy. Okay? And I had her stimulate just a couple of those gallbladder points going down the line. Like I mentioned, the gallbladder 30 is always involved. Always, always, always. And it's right on the side of the butt there. If you just have them press there and it lights them up, it's gonna have a lot of pain and you just focus on that point. And then you can go down the leg and look for those. Some of the side of the knee, you know, are usually a problem, one below the ankle. And dropped it down about 75, 80%. So she was able to go to sleep and relax. And by the time she came in to see me the next day, you know, it was only about 20% left and we got to zero in about 10 minutes, you know? So that is a great, great trick that people can do remotely on themselves. And it'll cost you about \$10 on a laser pointer.

Robby Besner PSc.D.

Wow. Okay. So we're talking about these red or green laser pointers that people use to... Okay. And they're very low voltage, so they're completely safe. Although you wouldn't wanna shine one directly...

Dr. Michael Rankin Jr

I got mine on Amazon for 15 bucks.

Robby Besner PSc.D.

Okay. But you still wouldn't want to shine that directly into your eye, but you certainly can use it on your body.



Dr. Michael Rankin Jr

Yeah.

Robby Besner PSc.D.

Okay. And then what I've been taught is that you always move it in a clockwise fashion.

Dr. Michael Rankin Jr

Clockwise will add energy. Counter-clockwise will take away energy. It's been my experience and I've done this on probably 150, 200 people by now, and myself included. Most of the time, you're gonna end up adding energy. And if you don't have the ability to muscle test, I would say, just standard add energy to it, you know? And if you don't have the ability to like muscle test where those points are, you can just gently press around. And do it gently because if they're weak, if the energetic flow is not going through there, and that's the point you wanna get, it's gonna hurt. And the more it hurts, the weaker it is.

Robby Besner PSc.D.

That's another great tip, because that's a way that we can self test and know. It's almost like, you know, if it's weak and it's a little painful on the point that you're touching, then you know then that's the one area that you want to give some extra love and attention to. So we go out on Amazon for 15 bucks, we buy one of these laser pointers. They're like five milliwatts. They're generally like between 600 and like 750 or 800 nanometers, the frequencies. So they're relatively benign. It's not like a regular laser or like a cold laser that you have to worry that if you're using it for too long in one spot, that you might actually hurt yourself. So it's really simple, really attainable. Amazon will probably drop it at your door either the same day or the next day. And then you can get started. And then you go on... If you have a smartphone or even on the internet, you can download this app that's called Points. Right? And that's an acupuncture app. So you may have to... Is that free or it's a little money if get?

Dr. Michael Rankin Jr

It was like 50 bucks. They dropped it down. Last time I looked it was like \$35.



Robby Besner PSc.D.

Okay. So once again, less than \$50 everybody that's listening, you can use your own intuitive sense and your body, and learn some of these points that are instrumental for foundational health. And just go around and get liver points, get gallbladder points, get kidney points, support all those life systems that we all need in order for us to maintain optimal health. So for all of you out there that, you know, you're axing and you're kind of in bed. And you're kind of feeling like, oh my God, how am I going to get out of this one. To the other person that is, you know, they have Lyme that have been diagnosed every so often, it sticks its head out and, you know, kind of rocks your day and all that. So the optimal health person can stay on top of their game and get stronger by just using these simple techniques. That's amazing. Wow. Thank you for sharing.

Dr. Michael Rankin Jr

I mean, you really don't need anything fancy. This \$5 cat toy right here. I'm gonna stop a full blown panic attack with this thing right here.

Robby Besner PSc.D.

Wow. That's great. Great to know. I love it. See, it doesn't have to cost a lot and it doesn't have to... You know, like it's not mind boggling stuff. These are things that you can do at home. Great, great tips.

Dr. Michael Rankin Jr-

Absolutely.

Robby Besner PSc.D.

Okay. So let's just bring this to a close. If there are any other little kind of tricks that you might wanna share with us before? 'Cause I know your time is very valuable.

Dr. Michael Rankin Jr

Well, I do have somebody coming in here in a couple of minutes. But I do have one quick thing that... I mean, I literally have people come from all over the country to see me in St. Louis. And I would say the two things that bring them in the most, and the things that we do really most in the office is energy correction work and detox. Okay? And detox can be physical, it can be mental, you know, chemical. One of the things we do regularly that brings people in really from



all over is something called laser energetic detox that was taught to me by Dr. Lee Cowden, who developed it many, many years ago. And I've used this on kids with autism, who will start looking their children in the eye for the very first time, like the next day. Dr. Cowden told me he's had kids who have never spoken a word, and then two, three days later, they're talking, right? I've done this on people with anaphylactic deadly allergies, severe asthma, you know, seasonal allergies, things like that. I've done it for migraine headaches, you know. And again, not treating any of these things, but their symptoms are going away to zero. Okay? Someone who required an EpiPen, not to die from eating a peanut, doesn't need that anymore. And that's pretty significant since they're about \$600 a piece. Right?

Robby Besner PSc.D.

Sure. But this technique that you're talking about, it's not invasive. Like you're not drawing blood. These are noninvasive natural healing using light energy and knowing where to focus, the vials and the things that you pick out to bring that healing energy to the person.

Dr. Michael Rankin Jr

So I can scan their body using a bioresonance measurement tool. It takes about two hours for the scan. It's allowed to scan them for about 60,000 points in the body. Everything from organ health to every type of toxin you can imagine. Right? And we're gonna find out which ones of those we want to target. And then I create four different homeopathic files that I then push that laser through, and it fans that beam out, and then you can just sweep their whole body. Right? So I did this on a woman with migraines, since she was about 13 years old, she was 41 at the time. We did some electrical correction work and drop those in half. 48% of her days were migraines. Okay? And we got it down to like 15% of her days in a month. You know. I think it was just two sessions actually is what I did on her for electrical correction. And she kept a diary. So we know exactly how many days there were affecting her. And so I kept muscle testing and it kept coming up in toxin problems. So I laser-detoxed to her, and the next day, she called me and told me there was this overwhelming smell of hair perm solution in her bathroom. She has very straight hair. And I was like, "Well, did you get, you know, perms at some point?" She's like, "Yeah." She hadn't had one since she was about 14 or 15 years old. This one was 41 at the time. So these chemicals, these, you know, fumes came out of her, were trapped in her body for 26 years. Okay? I've done this on people who were professional house painters. There's a paint smell that comes out in the next day. The young lady I was talking about with Lyme a few weeks ago, I lasered her.



And even that day... It didn't even take till the next day, but that afternoon, and she was walking around outside. So the smell must have been really, really strong. But she worked on a commercial farm, using chemical fertilizers when she was young, you know. Her parents owned a farm. And they had cows and pigs, lots of manure, right? So she told me, about three hours after she left here, she kept smelling manure, manure and chemical fertilizers, right? Were oozing out of her pores just a few hours later. And we did it with light.

Robby Besner PSc.D.

Amazing. No, I love it. People listening, you know, they don't know about you. And that's why I'm so happy that we're able to talk today. They don't know that there are these simple techniques that you can use in gathering like natural, you know, nature forces like light and sound, you know, structured water. Like the things that you're talking are primal for foundational health.

Dr. Michael Rankin Jr

Yeah.

Robby Besner PSc.D.

And also, we forget about all of our history that brings us to become symptomatic. So we wanna tag it to Lyme per se, but Lyme could just be kind of like the portal that's bringing all of these environmental toxins, the things we've stored, our life journey before we got symptomatic with Lyme per se. And we just wanna say it's Lyme, but, you know, even yourself as you're describing in your own process of just releasing all these things that are captured, it's really complex. And to unravel it could be as simple as using, you know, nature as you have through these simple devices that you've assembled in a certain special order, and in, I guess, a certain amount of intensity or I call it like... It's the frequency and the sequencing, and then it's the dosing. Knowing exactly what to do. And that's what makes you unique and a specialist in what you're doing. And by the way, for people that don't know about homeopathy, it's really capturing nature's frequencies and actually imprinting them into some kind of medium. Usually it's, you know, like distilled water or there could be... Like we use it in imprinting frequencies on holograms and so forth, to keep the energy of the earth. Like in your case, you've captured different energies that you wanna imprint into these vials. And that becomes the gateway or the portal to allow the releasing of all of these toxins and various different things that have been basically captured in our bodies. So, wow, amazing. Dr. Rankin Jr, you are an all star. You're a rock star. Thank you so



much for joining us today and sharing some of your wisdom and certainly some of your case studies. You guys out there with pain, you know, the Lyme loves to hide in your joints because it's a place where they can pull your body resources, and there's not a lot of generally a lot of blood flow there and a lot of oxygen. So they like to hide out there. So when you have joint pain, and it's generally the confections and the Lyme that's hiding out there. And so taking, you know, just using the laser light, using certain energies and using these acupuncture points, you can actually stimulate, bring the Lyme out of hiding, that might give you immune system and opportunity to go get the bad boys and rebalance your inner microbiome. It could be as simple as that. And you can do it. Thanks for the inspiration. Remember, you can get to Dr. Michelson or Dr. Michael Jr at painfreelifestl@gmail.com if you wanna email him, or painfreelifelc.com, that's the website or Facebook, which has the same name. Or you can just call him at 3148999535.

Dr. Michael Rankin Jr

Yeah. And Robby, I would suggest, you know, listener, I realized I'm fully aware that some of the things I'm saying sound pretty crazy. And frankly, I don't believe that I would believe them, if I weren't doing this stuff myself. Some of that I don't. I just can't believe this stuff happens. So I started getting video testimonials for people. So go to the painfreelifelc.com, go to the media page, it'll bring to the YouTube channel. There's dozens of testimonials on there. I tell this to people all the time, because I am that skeptical person. I understand how hard this stuff is to believe. So don't believe me, go and see if you believe them.

Robby Besner PSc.D.

The true miracle in this part of the discussion and the end of our interview is us. We have such a great ability to heal. We just need to find direction. And we need practitioners like you to just turn on those lights switches that have been turned off, give the body some direction, and then the body wants to heal, a body wants to get back on track. Everybody out there, this is a guy that you have to tune into. Dr. Michael Rankin Jr, thank you so much for joining us. You're amazing.

Dr. Michael Rankin Jr

Thank you so much Robby.



**HEALING FROM LYME
DISEASE AND CHRONIC ILLNESS
NATURALLY SUMMIT**

Robby Besner PSc.D.

And for your contribution to the Lyme community and to our campaign here. Thank you so much.

Dr. Michael Rankin Jr

Yeah. You're welcome. Thank you, Robby.

Robby Besner PSc.D.

Everybody, it's Robby Besner. Thanks so much for joining us today. Please share this content with anyone that you think might benefit from it. And we're looking forward to having you with us tomorrow for another great interview.