



Calling on the Master's Energy for Healing, Happiness, Protection and Prosperity

**Tom McCarthy interviewing
Master Chunyi Lin**



Tom McCarthy

I am honored to have the co-host of The Global Energy Healing Summit on with me right now. And his name is Chunyi Lin. He's somebody that I can't remember how long ago I met Chunyi, but the minute I met him, he just left an impression. And it was not something where, you know, he was trying to be impressive and, and, you know, kind of make a big deal about who he was. It was that it was exactly the opposite. His heart was so big, and so loving and so warm that I just knew, this is a person I had to meet, and I had to get to know. And he and I are part of a group called the Transformational Leadership Council. He was in it before I was, and I came in probably a few years after he was in it, but still, probably 12 years ago. And he's become one of my dearest friends. One of my go-to people when I've got a problem or an issue, he is one of the most enlightened people, I believe, on the planet. He's a Qigong master, was named the top Qigong master in all of America. I can't remember what year it was, but several years ago, and he's written books about healing. His goal in life is to have a healer in every home, which is really beautiful. And so through his Qigong, and through his healing teachings, that's what he's set out to do. I know he's got a new book coming out soon. We were just talking about that. He's super busy now. So he is trying to finish writing it, but, but that'll be out so... Chunyi I'm so excited to have you here. Welcome. Good to see you.

Master Chunyi Lin

Yeah, Tom I'm so happy to be here with you. I'm so happy and so, so, so much honor, and joy to have you in my life. And you know, I think, you know, we met each other 13 or 14 years ago.



Tom McCarthy

Yeah.

Master Chunyi Lin

That was a long time ago. I remember we, we, we sit down and we had a little conversation and right after that, you know, so we became...

Tom McCarthy

Yeah.

Master Chunyi Lin

Very, very good friends. From the heart, we connected. Of course, you were, you were my teacher too. You helped me to open my heart to the world in so many different ways. And I greatly appreciate you. Thank you.

Tom McCarthy

Yeah, you bet. No, I've gotten so much more from you than I think I've ever given you. And it is funny because even when I'm looking at, and, and maybe this is just me, but looking at your picture, like behind you, there's this golden glow, like this golden aura, and I dunno if it's lighting or it's or I'm seeing your aura, but I really see you that way. So, hey, today, what we're gonna talk about, something that I learned from you, and the, the Spring Forest Qigong practice, is at the very beginning of the practice, we always, one of the things we do is we call on the energy of the masters. And when I first heard that, you know, 13, 14 years ago, I'm like, okay, well, how can I call on the energy of someone that's not right here? And, you know, call on your energy and you invite people to call on your energy. You invite people to call on the energy of your masters or, or their masters, or any anybody, their relatives, people that they admire, and like their energy. Talk a little bit about that. That's a little bit of a foreign concept to people right now where they think, you know, I just have my energy. What do you mean I can call on the energy of someone that's not even physically in the room with me? How the heck does that work?



Master Chunyi Lin

Wow. So absolutely. Thinking in this way, energy is energy. Energy. There's so many different forms. In spiritual practice, there's a form of energy, which is very powerful, helping us to connect in the soul level, in the spiritual level. That is the information of your masters, the information of the universe, that has like a higher vibration. So this becomes the signature of Spring Forest Qigong practice. People came to Spring Forest Qigong and experienced Qigong with some other forms. They immediately found there's something very unique in Spring Forest Qigong. So one of the unique things we do at the very beginning is call upon the masters' energy to support. Energy healing, from healing perspective, energy healing is a signal healing, is a message healing. It's information healing. When you call upon this information, the higher vibration of your masters, several things happen. Number one, you tap into the master's chi field. So that chi field, the vibration is many. The, the, I mean the, the energy travel, traveling speed is many, many times faster than the speed of light. This has been studied, you know, so scientists already did this study, and one, one scientist, I read his book he's the former president of Taiwan university. And he is one of the leading scientists in physics. So he said it's even one, I mean, 0.1 billion times faster than the light speed in the chi field.

Tom McCarthy

Wow.

Master Chunyi Lin

Isn't that amazing? So that's why when you, when you call, call upon the master synergies, you download this information of the masters. Now that, now the masters, which have, now who have been practicing what they do, what for a long, long time, and it becomes collective consciousness. This con, collective consciousness becomes condensed information, condensed energy. And when, when by when I say condensed, that means that they, the quality of the energy, it is just so powerful. And the vibration is so many times higher than the regular energy centers. You can imagine, like when you call upon Buddha's energy, you call upon Jesus energy, you call upon God's energy, Muhammad's energy, you know, Quan Yin's energy, or your spiritual teacher's, energy. And even your grandpa and grandma's energy, they will be right there for you. And as a information to support you.

Tom McCarthy

Wow.



Master Chunyi Lin

And especially when you call upon, there's a higher level of masters and teachers. They have so much wisdom, and you tap into their wisdom well.

Tom McCarthy

Yeah

Master Chunyi Lin

You tap into their wisdom center, and you are able to access their wisdom to guide you for specific needs, you are really needing now to helping you to balance your energy, to heal your body, or to solve a, a situation and, or like find an answer to your difficulties and, and whatever your purpose is. You tell that to the universe, to the masters, and then you tap into the master's energy field, which is, you call upon the master's energy. And then this information will flow into your heart, will flow into your brain, helping you and guiding you to the right direction, to find the source to help you with the challenges.

Tom McCarthy

Yeah. And it's amazing, like you talked a lot of the people that you mentioned, spiritual leaders, they're, they're not physically here, but their energy is still available to be called on. Like that's really...

Master Chunyi Lin

Absolutely.

Tom McCarthy

Yeah.

Master Chunyi Lin

As information, it exists in the universe.



Tom McCarthy

Right.

Master Chunyi Lin

In any place. It's just like a universal library. You tap into it.

Tom McCarthy

I like that term universal library that, but that, that, that's gonna challenge some people's thinking that can that, you know, think, hey, wait a minute. It's not here. I can't touch it. I can't feel it. So you have to have faith, right? And you have to invoke, you have to call on this. I'm a huge believer in it. And I know you're not just believing it because it's something you've been told. You can actually see energy. You can feel energy. That's something you've trained yourself to do as a Qigong master, so you really experience this. And it's, it's, it's where a lot of your wisdom comes from is tapping into your masters that are no longer here in the physical realm, but you still can bring their energy to, to propel you to new things, which is really cool.

Master Chunyi Lin

Yes, absolutely. And this is what I do for instance. And I, I was taught, you know, this by my masters too. So when I do healing, if I found this person has a, for instance, like a religious background, like a, a Christian energy, right. So then I will call upon Jesus energy to come in to support my healing, to help this myself.

Tom McCarthy

Yeah.

Master Chunyi Lin

So as soon as I call upon Jesus' energy to come to show up, now, like at this moment I talk about Jesus, immediately, I saw the face of Jesus, the eyes just blinking, shining the light on me. I, you know, so I just feel so honored to, to be able to do that, but everybody can do that.



Tom McCarthy

Yeah.

Master Chunyi Lin

And for me, my thought, I open, I can see these images in front of me.

Tom McCarthy

Right.

Master Chunyi Lin

But if, if your thoughts are not, not open, like what I do, you can still feel the vibration...

Tom McCarthy

Yeah.

Master Chunyi Lin

Of your master when you call upon like a Buddha energy, you know, Quan Yin's energy, right. And any other master's energy in your, in your practice, like a Moses energy, and they will be right there supporting you because this is energy, higher vibration, as information stores in the universe all the time. It's like timeless.

Tom McCarthy

Yeah.

Master Chunyi Lin

And it is no limitation of time. No limitation of space, and no limitation of speed. It's people, in nowadays are very, very, hard talking about quantum physics. It's exactly like that. And, and this power, this chi to me, it's even, even more powerful than quantum physics can...



Tom McCarthy

Yeah.

Master Chunyi Lin

Can demonstrate.

Tom McCarthy

And one of the principles of quantum physics that I love is that everything is everywhere all the time. So you can call on this energy and there's, it's not like, okay, if you call on Jesus' energy, then there's not enough left for me. There's plenty. Right? You know, you, even your energy.

Master Chunyi Lin

Exactly.

Tom McCarthy

You invite people to call on your energy and, and you're not worried about, okay, well, if they call on my energy, then I won't have enough because you just, you have ever expanding energy as, as people call on it. Right?

Master Chunyi Lin

Yeah. It is information. It is a message. It is, it is a good signal. It's just like, you know, you have, you send a message through your computer and you type the message. You know, how many people you can send to the world, you know?

Tom McCarthy

Yeah.

Master Chunyi Lin

Billions of people, right? Everyone in the, on the planet can get the message, but you only send one. And that's the information, that's the source. And you use this higher vibration,



the information to help you to ignite the energy within you, and working together with the energy within you, then you can drive the energy to that direction to serve your purpose much faster and more efficiently, and more effectively.

Tom McCarthy

Yeah. You know, you just spurred an insight for me because when you, when you equated it to technology, I thought, you know, I just thought of, hey, there's information, let's say in, in an article on the internet, anybody can search that through Google or whatever you use. In Chrome, whatever you're using. And, and now all of a sudden, everybody can have that information. That's the same way that energy works.

Master Chunyi Lin

Exactly. Exactly.

Tom McCarthy

Yeah.

Master Chunyi Lin

And you are so right, Tom.

Tom McCarthy

Yeah. So that, so, so this is such a powerful concept. You have been doing this, I think for a long time. Right? Ever since you...

Master Chunyi Lin

Wow.

Tom McCarthy

Learned it. And it's one of the reasons you have so much power in your energy. Chunyi, just so everybody knows, like if I have like a little ache or pain, I call Chunyi up, not every time, but you know, sometimes I find a little concern. I go, Hey, Chunyi, I got this going on, and he goes, okay, hold on. He goes, yeah, you got a blockage here. You got a blockage there. And



he is in Minneapolis, I'm in San Diego, but he, he, he truly is, not stuck just in the physical world. I think too many of us have both our feet firmly planted, just in the physical limitations we see around us, limitations of space and time. Chunyi functions in the physical world, but he also functions in the nonphysical where, him being in Minneapolis, me being in San Diego makes no difference in his ability to, to send energy, to see blockages. I mean, it's just so amazing what you've been able to do because you've, you've developed that, but you're trying to tell everybody, you can develop it to too. It's not just me.

Master Chunyi Lin

Absolutely. You just need to open your heart.

Tom McCarthy

Yeah.

Master Chunyi Lin

To come out with, with your comfortable zone.

Tom McCarthy

Yeah.

Master Chunyi Lin

And then you, try something bigger than your fears is.

Tom McCarthy

Yeah.

Master Chunyi Lin

When you break the, the, the fence of, of your fears, then you can see a much bigger lawn, you know, and in the world. This is what I, what it is.



Tom McCarthy

Yeah.

Master Chunyi Lin

And then you trust, in trust in your heart. Trust your spirit, and trust your soul, and trust the masters.

Tom McCarthy

Trust. That's a big word though. Even trust, trust what's happening. Like if you go, well, you know, I, I, it, I feel some thing a little bit different, but it's probably not that like, if you don't have that trust, because part of it is, it'll feel like it's just your imagination when you feel a little different, when you call on the energy it's, and it's not just your imagination. It really is. But you've gotta trust that, that it's working, trust that it's coming. Trust that you can call on this energy.

Master Chunyi Lin

Yeah. Once you trust, you tap into the energy field of your masters. You tap into the wisdom center of your masters, and then you will be able in the heart level, make the connection between you and your masters, between you and the divine. Then that information can flow through the invisible cord from the center, from your master's heart into your heart.

Tom McCarthy

Yeah. And this is one of the keys, everybody watching and listening. This is one of the keys to mastering the physical world, is mastering the, the non-physical with the trust and calling on energy. Chunyi's done. And he he's the most humble guy probably that I've ever met. And, and also one of the most powerful, but he doesn't, he never brags about it. But it's interesting things that, that he's done over the years where through trusting and through learning, like I know, in one of your things you had to do to become a Qigong master was, how long were you in a cave? How, how many days was that?

Master Chunyi Lin

Oh, many times I've been in a cave and sometimes three days, you know, eight days and the longest, 28 days.



Tom McCarthy

28 days with, with like only like two things of water, and an apple or something like that, what was it?

Master Chunyi Lin

Yeah. Like, and the last time they said like five bottles of water, you know, those small bottles.

Tom McCarthy

Yeah.

Master Chunyi Lin

And then served you five apples.

Tom McCarthy

And five apples, yeah. For 28 days. So think about, think about what really happened. I mean, he is so in tune with energy and the masters that he controlled his physical body, where you think, you know, most people, like I drink five, five, little bottles of water every day. You did that over 28 days and you came out fine and, and five apples. So truly amazing. And, and this is by the way, this is, this is things that Chunyi would say, you, you have the potential all to do. Now you've gotta work. I mean, he's worked at it, and, and call on the energies. But, one of the things I love about Chunyi is he is not trying to put himself up above everyone else. Like he wants everyone to learn through him that this is possible for, for anybody, because also Chunyi, I, I know your story about as a child, you know, and, and the pain you grew up with, and the physical ailments and those things don't exist anymore. You've transformed and healed yourself, which is really amazing.

Master Chunyi Lin

Yeah. So I had arthritis in my knees and swelling in my knees, you know, I grow up in Southern part of China, the humidity. Ugh. I can tell you it just, so unbearable.



Tom McCarthy

Yeah.

Master Chunyi Lin

I mean the pain and, and at night and many times, I just couldn't just lay down at all.

Tom McCarthy

Yeah.

Master Chunyi Lin

Cause I have the bone spot in my lower back, in my neck, and then I had suicidal depression, many things, but because of Qigong, and I became who I am, I'm happy every day. I enjoy my life every day, you know? So, your life...

Tom McCarthy

That's the thing I love. You're one of the happiest people, the happiest people I know, which is really, really wonderful. And, and one of the most giving people, like really, truly helping. Take us what, I know every morning, what you wake up at a certain time and you do like, like a, a fairly long meditation, right?

Master Chunyi Lin

Yeah. So every, every day, 4:30, and latest is five o'clock. And I got up, and before I even got up, like at 3:30, you know, to meditate and do, do my Qigong practice until 7:30, 8 o'clock.

Tom McCarthy

Wow.

Master Chunyi Lin

And that, and then at noon, I would take at least half an hour to do, you know, meditation. And then evening, and after my work, in doing healing or teaching, then I will do another



one hour or two meditation before I go to bed. Well, Qigong is me and Qigong is my life and, and I'm Qigong, and Qigong is me.

Tom McCarthy

I love that. Yeah. And you're an amazing teacher, you've got lots of great courses through Spring Forest Qigong, and Qigong is QI, G O N G.com. Chunyi has courses on how to practice Qigong. He has courses on how to, heal with Qigong. And, so please check that out. And lots of like one of the things I really love that that Chunyi and his wonderful wife Debra do is they have really great content, that's free, that you can get with how to heal pains and different spots and things you can do, you know, to press on or to, to rub or, you know, a headache, right? How to get rid of a headache, neck ache, lots of great stuff. So make sure everybody, you go to Spring Forest Qigong, and, and sign up for what they do, even if it's just for their free content. It's really, really powerful. And the other thing that I'm super excited about is Chunyi and I now have a, a new thing that we're doing. It's called Lifeforceblessings.com. Lifeforceblessing.com. And last year in January, Chunyi did this program with Tibetan monks, who he, which he's been doing for years, but I never knew about it. So I didn't know about it. I saw it last year. And one of the things that I was really wanting to do, I've been wanting to do this for several years, is to be able to connect, help the Western world, connect with these beautiful monks, these Tibetan monks, that really, they really devote their life to uplifting the energy on the planet and, and, and ridding us all from suffering. And so Chunyi had these monks and he would lead a session with a meditation and the monks would be chanting. And when they chant, when they meditate and chant, they're giving off energy and they do this every day, so.

Master Chunyi Lin

Exactly.

Tom McCarthy

They're incredible energy masters. Just like Chunyi is. And so I said, oh my gosh, I signed up. And you know uh, one of the things you could do is have your family blessed. And I signed up everyone in my family. But I said, Chunyi, we gotta, we gotta spread this to more of the world. And so we...



Master Chunyi Lin

Absolutely.

Tom McCarthy

We created Life Force Blessings, and one of the things that we're able to do now is every morning during Chunyi's multi hour meditation, he will be able to send, like, you can call on his energy, you can do that anytime. If you want targeted healing energy, or energy, for whatever purpose, we're able to tap into that now. And then also with the monks. So I'm really excited about that. And you can learn more about that at lifeforceblessings.com. And I'm super excited to be, be doing that with you. Originally, it was just gonna be the monks, but Chunyi said, no, no, no. I want in my meditation, I wanna be able to send people this energy too. And I'm just so grateful that you're willing to do that.

Master Chunyi Lin

Yeah. May I say something, may I say something about that too?

Tom McCarthy

Yeah.

Master Chunyi Lin

Yeah. So, you know, I highly recommend people to do that, to take advantage of this and, so blessing, so enlightening opportunities to help yourself, and help your family.

Tom McCarthy

Yeah.

Master Chunyi Lin

Because the monks have been chanting those chants for their life. And these chants have been lasting in the history for thousands of years, it becomes collective consciousness. It has the power, when you chant to help, to clear, karmas, to clear the negative vibration around you, to, and also even help you with the protection, and any other unknown energy or unnecessary energy, unwanted energy, which are coming on your way. For instance, you



know, so many chaotic, chaotic things happening in the world right now. So if you have this energy to bless you, to empower you to become a protection that will, that will be in time to help you to clear all the unnecessary forms of energy coming to you, causing illnesses and sickness and or life challenges.

Tom McCarthy

Yeah.

Master Chunyi Lin

And accidents and these kind of things. And then the other thing is if you do have something already going on in your life, you need more energy.

Tom McCarthy

Right.

Master Chunyi Lin

And the blessing from the monks, the, the energy sending, you know, from my heart to you, can help to clear the energy channels and blockages together with your energy, you know, with your heart, with the unconditional, unconditional love in your heart. And the unconditional love from our heart can resonate together to help, to open up channels and clear wrong information and block unnecessary information outside of you. So it is, it is just a, a great, great gift. And I'm just so, so happy to do this. I'm just so honored that I, I am, I'm a, and I have this opportunity to work with Tibetan monks, and to help people, and...

Tom McCarthy

Yeah, no, me too. And I, I can't wait to spread this to the world. It, it's something I think that people need. I mean, selfishly, I first thought of the concept just for me and my family. Cause I'm like, I want that energy. I want my children, my wife, my relatives, to have that little extra protection, that energy that can help them be healthier, happier.

Master Chunyi Lin

Yeah.



Tom McCarthy

More prosperous, prosperity.

Master Chunyi Lin

Oh yes.

Tom McCarthy

Cause I'd heard of, I, I, was on an airplane and this guy told me that he had found some monks that he made contributions and, and they would send energy and chant for his business and the guy became a billionaire, right? So I'm like, whoa, that was impressive. I I've always believed in energy, and then talking with you, I said, you know, let's do this. And, and then you said, I'll do it, but I don't want it just be the monks. I want to be able to help people too. So, so it's like the extra added benefit, which I'm like, I, I wouldn't want Chunyi to have to spend his time doing this too, but that was so amazing of you. And part of the proceeds actually go to the monks. So they, they can continue to do their good works and in relieving the world of suffering, everybody, by what we are able to do with Life Force Blessings. So...

Master Chunyi Lin

Oh yeah.

Tom McCarthy

Now I'm honored. I'm thrilled. We're just getting started with it. But we'd love for anybody that's interested to come on this journey with us, do good things for you and your family, but also raise the level of consciousness for the entire planning.

Master Chunyi Lin

Mhmm. Yeah, absolutely. It makes a good difference. It makes a big difference. Yeah. And no matter for, for your own health, for your own fate, for your own prosperity or for your business, or for your connection with the outside world, or for your spiritual development. People are looking for like opening a third eye, develop their spirituality. And I mean, this energy it's just so, I mean, incredible and...



Tom McCarthy

Yeah.

Master Chunyi Lin

And no words can reveal that beauty, unless you experience it.

Tom McCarthy

Yeah. And the power. And so we talked about calling on energy every, you know, depending upon how you, you, you work with this, right? Because there's an option to have the energy sent once a month, once a week, every day. But not only can you call on the energy, it'll be directed to you, or to your family members individually, where, where now it's, it's actually coming to you, whether you're calling it or not, now still keep calling on it, cause that's a good practice. But, and you can even direct it like what to do with it. So powerful. We teach you more how to do that with Life Force Blessings. But again, I'm excited and, and I, I just love being able to work with my dear friend Chunyi, and uplifting the world and making it a better place for everybody.

Master Chunyi Lin

Yeah, absolutely. I'm I'm, I'm just so, so thrilled, and overjoyed having this opportunity to solve the world.

Tom McCarthy

Yeah. So please check out lifeforceblessings.com. Chunyi thank you so much for being such a great friend and, and for being such a loving person, not just to me, but to everybody. I, the love this man has his in his heart. I guarantee you everyone watching this, he, he might not see you right now while you're watching it. But his energy is coming to you just by watching this, this video even has an energy that you will benefit from watching. So make sure all your friends watch this, and Chunyi any final words you have for everybody?

Master Chunyi Lin

Well, the most powerful healing energy or the energy connects you, to the world is unconditional love. Always focus, focus on your unconditional love with unconditional love and activate your compassion with a compassion. You connect to the world and open your



heart, trust yourself, trust your masters, trust the divine. And when you have, when you purify your energy in that way, you can connect to the source and you can be protected, anytime. So.

Tom McCarthy

Lots of love to you. Thank you so much. And...

Master Chunyi Lin

Thank you, Tom.

Tom McCarthy

Really happy that people are getting to meet you through this video. And, and we hope that they'll come along on this journey with us together. So thanks so much, Chunyi.

Master Chunyi Lin

No, thank you, Tom. Thank you.