

## How To Heal The Etheric Body Of Emotional Wounds So Your Physical Body Can Release Illness Faith + Healing + Life Purpose

**Nathan Crane interviewing  
Bobbi Vogel - Founder at Etheric  
Medicine®**



Nathan Crane:

Hello, everybody. And welcome to the Global Cancer Symposium 2.0. My name is Nathan Crane. I am the award-winning filmmaker of "Cancer; The Integrative Perspective," as well as the Director of the Health and Healing Club, which you can learn more about at [healthandhealingclub.com](http://healthandhealingclub.com). But today, I'm really excited to be talking with Bobbi Vogel about our innate superhuman abilities for detecting and reversing cancer. This is gonna be a pretty special interview and I think you're gonna learn a lot during this time with us. So I'm gonna read you Bobbi's bio. I'm going to share with you a little experience I had with her a couple of days ago, and then we're gonna dive into some really practical things that I think are gonna really serve you and your family. Bobbi Vogel, Founder at Etheric Medicine, is a Medical Intuitive, Clairvoyant Healer, and Purpose Leader. Bobbi knows that when we are unwell physically, spiritually or emotionally, we have lost the connection to who we are at core. We've lost our power, she says. Everything begins with faith. Bobbi's unwavering in her commitment to humanity and the need for us all to connect to faith healing and a life of purpose. Bobbi's been featured on major media outlets, like MSNBC, Fox, CBS, as well as on the Montel Williams show. And you can watch that interview on YouTube. I watched it, it's a great interview. And she's worked with a wide range of clients, from children dealing with brain cancer, which we're gonna get into today, all the way to Olympic athletes, looking to perform better. Bobbi, thank you so much for being here.

Bobbi Vogel:

Thank you. I'm so excited. This is gonna be awesome.

Nathan Crane:

So I have a confession to make. So this is, give a little backstory for people. Bobbi and I connected on email, I think a year ago, because we were doing the first Global Cancer Symposium, I believe it was for that, or another project we were doing, I don't remember. We were referred by somebody,

a mutual acquaintance, and for whatever reason, the timing and everything did work out. I think we're all wrapped up with our interviews. But I looked into the work she was doing and thought it was incredible. I thought what you were doing was amazing and wanted to work with you sometime in the future. And didn't happen. And then recently, as we're filming now for our Global Cancer Symposium 2, a different person connected us. And I thought, oh my gosh, this is.

Bobbi Vogel:

Yeah, all right, all right!

Nathan Crane:

If it's divine timing, the universe, right? When we get reconnected again and again, and so I was like, okay, I'm listening, paying attention, as part of listening to our intuition or listening to what the universe is showing us, right? Which is important if we have a cancer diagnosis, pay attention to those signs in our lives because they are there to serve and support us. And so the confession I have to make is I thought, okay, great referrals, people rave about Bobbi, she's on Montel Williams, like celebrities, athletes, people are, but I'm always skeptical. I stay skeptical to a healthy degree or try to stay to a healthy degree. So I said, okay, can we book a session? I wanna, I didn't tell you this, but I was like, I wanna see if you're the real deal, before I present you to our hundreds of thousands of people on the Symposium want to make sure you know that what we're presenting to everyone is genuine. And what I can share, I won't share everything. What I can share is that she's the real deal. Within just a few moments of sitting and talking, we were talking about the interview itself and and that sort of thing. And then she was like, I just have to tell you, I gotta tell you, you've got so much tension right here. And she pointed here and she goes, and you just got something right here. It's just like, I just feel, it's so strong, so much tightness. She pointed exactly in the exact spot on the same side where I've been having a chronic tightness issue for like over a year now. And then another one and another one and another one, on my back and my neck, and all these things that like, yes, I've been dealing with off and on for quite some time. And I've been mostly focusing on healing the physical side of things, the physical, the deep tissue, the massage, the anti-inflammatories, the turmeric and black pepper, all the physical stuff, and kind of forgetting about the energy body, the light body associated with that area. That's one of the things you talked to me about and brought back to my forefront of my consciousness which has been--

Bobbi Vogel:

Right.

Nathan Crane:

Really helpful in the last couple of days. Because as you talk about, and we'll get more into that, it's looking at our entire human, human being experience. The being, the soul, the mind, the emotions, as well as the physical, the human, the body, the organs, the tissues, et cetera. If we forget any aspect of that, then we're forgetting a part of ourselves, right? So anyway, there's a lot more to that. We spent like an hour and a half on the call and she went into some serious insights and things about me that there's no way she could've known because it's not public, and it was really, really helpful. So I just wanted to share that briefly, let everyone know that you are the real deal.

Bobbi Vogel:

Thank you.

Nathan Crane:

Really, really excited to have you here and excited to have you share with all of us some of the great work you're doing and some of the things we can do to tune in to these, what I'm just calling our superhuman abilities.

Bobbi Vogel:

Yeah, and I appreciate being here, and I mean that. Because I know the message is so important, right? And it's not my message, it's Spirit's message. So I'm just so happy to be here.

Nathan Crane:

Yeah. Beautiful. So I kind of wanna dive right in. You've been working with this young girl with brain cancer.

Bobbi Vogel:

Yeah.

Nathan Crane:

Tell us a little bit about that. What's your experience been like? What has her journey been like working with you?

Bobbi Vogel:

Well, so Sophie Ryan, and she was diagnosed at eight months old, she just turned nine, nine, eight, nine. Her mom's gonna kill me. Anyway, so her parents, Tracy Ryan and Josh when she was first diagnosed, she has glioblastoma, a brain tumor. And so they created CannaKids, and it's now CKSoul, which is cannabis medicine, right? Energy medicine, plant medicine. And so when we met and it was in January, and we actually met at Montel Williams. So she was, she and Sophie were on right before me. And then Tracy said, what do you do? And I told her I'm a medical intuitive. And she was like, Oh my God, I've been looking for somebody because I feel like that's gotta be something to investigate, so she already was understanding that. Anyway, so we've been working January, and Sophie lost her sight, except for seeing some light in one of her eyes. I didn't know anything about her. And so she asked me, well, can we bring her to your clinic? And of course, right? So I tuned in and I was able to see and I actually drew a picture of like the different areas, 'cause I'm able to see, I send light through the physical and the etheric body. And if I'm in-person, I send through my hand, and if it's long distance, I just sort of put the body and the etheric body like up in front of me and then I can do the same thing. So I was able to see. What was interesting is I didn't even know which eye was completely blind or anything like that. And so I was able to, her mom was right there, and I was able to explain like where all these different densities, tumors, or the things were, but the focus with Spirit, interestingly enough, was in her left eye. And I didn't, I'm like, are these veins, what are these? Because I could see like gunk on whether the nerve or the vein, like I wasn't sure. But so I was, I'm Spirit taught, so I always just ask, what am I supposed to do? How do we help here? And so I started like pulling the gunk off of those nerves or whatever, and then doing a lot of work over time. And then she started pretty quickly regaining, like starting to be able to actually see colors, which she wasn't able to do. And then so her mom started giving, Tracy started dosing her, and this is the first I started learning about cannabis, because even though Montel's a friend of mine, and he's obviously reliant because of his MS, I never really understood it. But Tracy started giving Sophie doses of CBD and THC, and I started communicating, and I'm kind of bottom lining it in the essence of time. But I started being, like the medicine started communicating with me. It was crazy, which made me start crying, right? Because I was like, oh my God, like I felt so honored. And I quickly, like, I was like, wow, this is brilliant and powerful, when it's used appropriately. Anyway, so what I started learning is that even though Sophie has like the tumor here and gut issues, like I can feel if she's had too much sugar, for instance, whatever, because I feel nauseous. But when the medicine would come into etheric body, her energy body, right, which is so important, the medicine would come in and it wouldn't just go to her tumor. It would, the medicine said, it kinda, it's funny, 'cause I get everything in pictures. The medicine would come in and kind of like, like sniff out where it was needed the most, because it's an energy body itself, right? And so you're bringing an energy into your energy body and there's this beautiful collaboration that happens. And so on any given day or hour or whatever, that medicine would go where Sophie's energy body, physical body need

it most. Because you see, what I know and Spirit has taught me, is that if whatever is in our etheric body, our energy body stagnating, or density as cancer is, cancer is density. And because our etheric body comes first, and it's scientifically proven, our soul comes in with our etheric body, our physical body, this thing we put so much weight on, it's a hologram, our physical body is a hologram. So everything that stays in the energy body, the etheric body, whether it starts stagnating, turns to density for whatever reason, if it's emotional wounding or trauma, that also duplicates into the physical body, and then it's called in Western medicine, illness, right? So where we're going wrong is trying to take illness out of the physical first, instead of taking it out of the etheric body, which is where it originated. So this is why people have recurring illnesses, because we can cut it out of the physical, we can zap it out of the physical, chemo it or whatever. But if it's still sitting in the etheric body, it's gonna come back in. Maybe not.

Nathan Crane:

Yeah, I just want to add something to that, 'cause this is so important what you're saying. I just interviewed Dr. V, Dr. Veronique Desaulniers, who has overcome cancer twice. And I encourage everyone go listen to that interview after this one in, as part of this series. Because she not only talks about what she did to reverse it twice, but she confirms exactly what you're saying, is that after the first time she reversed it, I think it was nine years later, seven to nine years later when she had a recurrence, she knew it was because she had all this stress and she was overworking herself, and it was her emotional body, her emotions, that had led to this next cancer diagnosis. And it's such an important aspect about all of this is that emotions are energy, thoughts are energy. And where is it? That's in our energy body. It's in our etheric body, as you say. And then that manifests often as disease in the physical body.

Bobbi Vogel:

Right, autoimmune, all that stuff, anxiety. I mean, I know we wanna stay on track, 'cause you know, Spirit can really go off on all these things because it's so important. So I mean, 'cause I like to talk about, I mean, there's other, so cancer, right? So, well, I know that it is emotional. Most of the time, it's emotional wounds, right, trauma. Because that's high level stuff, right? And it could be different for everybody. But so, well, I guess we could talk about that. But so with Sophie, the medicine started working with me, right, so it taught me, first and foremost, like it was crazy. The medicine said, calm Sophie down. It's vital that before we even give her a dose that I send, I reset her electrical system, which I've been taught to do by Spirit via working with acupuncturists. And I mean, there's so much to say. But so first, I have to calm her electrical system down in her etheric body, 'cause it's the one that we can't see. So calming it down because the medicine told me that no matter what, how powerful the medicine is or any supplement you're taking or anything, you will get a fraction of the benefit of it. Because everything loses its potency when, because if with

anxiety, for instance, like Sophie, it's like, , this is how I see it. Right? So nothing can move. When there's anxiety or PTSD and all these things, our energy is not flowing, and then it begins to stagnate, right? But it's true that then when we put the medicine, like the plant medicine, since that's what we're talking about, it's like we've put it in there. And if the medicine said, if it has to fight against anxiety, what's going on in the electrical, in the etheric body with anxiety, when it has to fight against that, it can and it will, but it heats up and loses its potency. And what was so fascinating is I was saying this out loud, I was sharing this with Tracy. And Tracy was like, you understand that's like literally true, right? I'm like, well, I'm assuming so, because that's what they're telling me. So I started to learn that, or was taught that. And so Sophie would start seeing better and better. But then if we weren't really, if we didn't do like a session every week or sometimes two a week, she wouldn't lose the sight, but it would sort of, it wouldn't get better. So one day I was, this is really fascinating. And one day I, without her on the, by this time, Zoom, I put her, called her forward and put her in front of me. And I was shown, I was previously up, up-leveled is what I call it, just maybe a month prior where I was shown that we all have this mop, it looks like a mop. Like because I've been working interior, in the interior etheric body and physical body and where they intersect, there's an inner where they intersect there, where the meridians and everything are. And so I was like, she looked like she had like one of those old, like it was just flacid. And I asked Spirit and God, non-denominational, 'cause that's who I'm hanging out with. And I'm like, how do I, what is this? I've never seen this before. And they told me to just start taking them and pulling them up and making them straight. And when I grabbed on to them, they would light up. And they lit up this beautiful orangy, yellow color. Some of 'em were a little different shades or whatever, but I just started, okay. 'Cause I just, I'm obedient. So I'm doing this and they're lighting up. I'm like, wow. And they looked like they were about this long. And I did that, and then I was like going back around or had to make sure, and I noticed where in her hairline and her physical body was, there was, one of those strands was missing. And I could, it's almost like I could see like where there used to be a suction cup on it, as these funny visuals, but it's literally like that. 'Cause it was trying, Spirit was drawing my attention to it. So I'm asking, what is that? Is that okay that like she's like got a hole there and missing one of the strands? 'Cause I didn't know, and I'm not gonna make assumptions. And no. And I was like, wow, that's kind of crazy, because her tumor is here. And so I asked, what am I supposed to do? And this was incredible, because when there's like sometimes heavy lifting or leveling up, literally God shows up, which is so humbling and profound. And my eyes, I always have tears pouring down my face. I said, what should I do? And I heard fashion a strand. So I was like, I was hand, is like I grabbed light, 'cause light is everywhere, right? And it's free, which is incredible. So until somebody figures out how to monetize it, right? So I grabbed and I just fashioned this and it lit up. And I said, now, and it, as I stuck it in the hole. And I was like, wow, is that part of what was going on? And I was told Sophie came in to physical form with a hole in her etheric body. And I was like, oh my God,

this is kind of big, right? This is kind of incredible. And then what they told me is, so then her, our brilliance of our body, we're so like, we're brilliant in every way. But so what her physical body did to try to protect her brain was to put this, it's like this, , like this metal, it looked to me like this metal sheet wall. Put it here to protect things from coming in the hole through the etheric, because usually, things can, they come in in a different way. So to protect her from environmental things or whatever, this barrier was put there. And I called Tracy and I did what I was told. I joojed, I call it jooshing, the rest of her. And I called Tracy, I was like, I gotta tell you something. Her mom, Tracy. And she's like, Bobbi, do you understand like the whole thing about these tumors is that there's, what CKSoul is about too, is like, there's a blood brain barrier in these kinds of tumors, and the NK cells, which I don't even know what that is, or I didn't until she told me, they can't penetrate the barrier, because if they could, they would eat up the tumor. So when I say, and when I understand like what we are missing in medicine is Spirit and God, like is an understatement, right? Not just, I mean, for every reason, but like to be taught from Spirit and God such profound truths and scientific like things around cancer, it just lets us know the importance of, number one, relying, that's why I say everything begins with faith, because if we don't know, know, not believe, that we're divinely guided 100% of the time and that we're absolutely surrounded by our guides and loved ones and God, I mean, everything begins there. But like the information that we can get and healing our body, our physical bodies by breathing light in. And you've seen my, you said you've done that Spirit taught Breathe in the Light exercise. It is absolutely necessary to have a healthy etheric body, it must be well for our physical body to be well. And right now, we're in this fever pitch of the need to heal and more and more cancer, and auto-immune, and all the things, leaking guts, which I'm learning so much about from Spirit. Like it's vital that we start uniting, getting on our own path, not faith, healing, and then life purpose, but getting in our own unique personal path to healing, because we can, we can heal from this place of faith and from this place of knowing that like our Spirit is in our etheric body, it came in with that, our soul. And so when we have thoughts that are not kind towards ourself, when we lack compassion or self-love, or all the things that we do in our human brain, all of that sits in our energy body. It's all sitting there. And when we do that, we are, it's what they show me is like, it's almost like it's pulling our spirit from our physical.

Nathan Crane:

Hmm, wow.

Bobbi Vogel:

It's disconnecting us from our source, like our highest level self. Because this human experience ultimately is an illusion, right? We can go into all of that, but you can let me know what you'd like to talk about, but it's also important, it's also important. Because I know from Spirit that if we have

the level of illness called cancer in our physical body, there's a lot of emotional healing to do. And so what they just, what Spirit just reminded me of, is a lot of people will come and do sessions with me, and say, but I had a great childhood, or I this and that, which is fine, right? But I remember like when I was on Maria Menounos, she said, if we come in and you know, like you're saying, we come in and we choose, we choose, that before we come in and take a body, we choose our emotional wounds, right? Because I know and Spirit has taught that like emotional, choosing emotional wounds is on our own behalf. And when people hear, oh, I have emotional wounds. So they get really turned off by it. And the beautiful thing is all that means is that you knew and you've always known how powerful you are, right? Because they are tools for transcendence and that's the truth. So our soul, on the other side, before we come in and take a body, we understand that the more wounds we heal, the higher we transcend, if we heal them. And so we make agreements with other souls on the other side to bring forward these wounds or these experiences on our behalf so that we have the wounds to heal, because when we do, we transcend, right? And also, we agree to the life purpose before we even come in here. It's a beautiful collaboration with God, right? And we want to do it. And then we're reminded by our guides, who agree to be with us, hey, you might be all stoked about this right now. But remember, you're gonna have amnesia. You're also agreeing to go into that physical form completely forgetting who you are. And you're not gonna remember that these painful experiences and these wounds are on your behalf and that you actually chose them because you know what a badass you are. And we, it's this, on our soul's behalf, we want to have the experience of keeping our word with ourselves, with our soul. And we want to, which includes life purpose. Nothing happens if you don't live your life purpose, it's not like you get demerits, God gets, the truth is like, you don't get demerits or go anywhere else. If you don't, it just means that when you get to the other side and you're reviewing your life, you might be like, yes, I did it. Like, that's how I feel. Or you might get on the other side, and be like, no, I did it again, I blew it off. Or I created one, I like carved my own path for whatever reason, and I, it's okay. But it's vital right now for each individual's soul, however Spirit is bringing the tapping and the waking up to you, if it's physical illness, if it's cancer, if it's job loss, if it's whatever it is, however your guides are trying to wake you up, it's just time. And it's time right now. It's time for all of us to come in and start being like, okay, what is it that I said I was gonna do? What is it that I said I was heal? And help me do that, show me how to do it, lead me to it and through it, and be with me and lead me to life purpose. It's vital right now.

Nathan Crane:

I have to tell you, you just dropped like a 100 wisdom bombs. It's been just incredible just sitting back listening to you, and I resonate with everything you just said. I mean, it's so inspiring what you're sharing right now. And it's brought up 100 different things in myself that I wanna share, but

I won't share all of it. What I wanna ask you first though, so you were working with Sophie, you went through all of that. Now, how is she doing?

Bobbi Vogel:

Oh, okay, yeah. So and it's important to just insert in there, and I kinda got off track that Sophie did in-between there, in the jooshing, the mop stuff, we did do, 'cause I asked, how do I help? And she's done a lot of, she had a lot of past life trauma. So I started to say, Maria Menounos asked me, how could a kid come in and already have so many wounds to heal or be responsible for that to the level that she's created a brain tumor? And there's a lot to say. It's like, well, we don't know what her life purpose is yet. Right? But she had past life trauma that also created some of this. So we healed that too. We went through all that. So now, after the doing all of replacing the rod, she was learning to read by Braille when we met, and she just started Monday, she just started regular school reading on Zoom in a regular class, everything, because she can see.

Nathan Crane:

Wow, wow, that's incredible.

Bobbi Vogel:

Yeah, it's mind-blowing. And her parents are such huge advocates for this kind of healing. And you think about, had they not taken the chance to bring this in and learn, and stood in their own faith and intuition, like very different outcome, right? But we know that there's divine timing and everything, right, and purpose in everything. But so, it's just such a huge testament, right, to the power of this. And Sophie brings light every day. And she has so much fun sharing with other people. Like, are you, do you have anxiety? She's so funny. She'd be like, breathe the light with me, breathe the light with me. It's hilarious. But she understands. And now she grabs light and she pulls it in, she calls it magic, and it's just astounding. And some people, like I would've called that a miracle before I understood the power of Spirit. And I know that I'm just working on behalf of God, guides, and the person in front of me. So now it's not a miracle, it's just what's possible for all of us.

Nathan Crane:

Yeah. You know what, I just wanna share briefly is what what I hear you talking about is what I would call true integrative medicine, right? Unfortunately, the medical industry is kind of co-opting the word integrative and doing 80% conventional medicine with 20%, yeah, here's some meditation and some massage and things like that. But what I consider true integrative medicine is exactly what you're talking about. It's integrating all the aspects of what it means to be a healthy, whole human being, our spiritual side, our mental, emotional side, our physical side.

And I've gone back and forth on this over the last 15 years and finding more and more balance every year, where we often get trapped in either just focusing on the physical, just the supplements, just the exercise, just the sleep, et cetera, and forget about the spiritual and forget about the mental, emotional, and vice versa. Early on, when I was meditating six, seven, eight hours a day, and I was studying with Buddhist monks, and I was learning how to heal, I had this incredible healing experience where this woman just had a stroke and couldn't walk, she was paralyzed. And within about a half hour, 45 minutes of doing energy work on her at this Buddhist temple, she was walking around and got her, was out of paralysis, and it's just this incredible experience.

Bobbi Vogel:  
Yeah.

Nathan Crane:  
A long time ago, it's a story for another time. But it opened me up to this whole other world of, wow, we are so much more than just physical. We are energy, we are the spirit, we are light, all these things that you're talking about. And we can also get trapped in that and forget about the physical.

Bobbi Vogel:  
Right.

Nathan Crane:  
We don't eat right, we don't exercise, we don't. You'll see people who are obese and unhealthy, but are very deep into their spiritual work. And so it's integrating all of it, right, that's what we need to do in our time. I believe that's really what Spirit is guiding us to do is to implement what you're doing, what you're talking about, what you're teaching, with everything else that it requires to be a totally healthy human being.

Bobbi Vogel:  
Yeah, I love that you, I am so happy that you brought that up. Because it is, we need both. We have an etheric body and we have a physical body. We have them both. They both need the kind of medicine and what's, I wanted to add, what's so incredible for me is that when I started doing the work with physical illnesses, like all of a sudden, people are bringing me people with physical illnesses, and at first I was intimidated. I was like, ooh, what are the, how do I help? And then I was shown how to help. Like, it's incredible. But I said, because I was calling what I do something else, there's the Akashic Records, right? And so, as it was. So when this started happening, I literally

said to my peeps, which who I'm completely reliant on. And I said, what am I calling this? And I heard etheric medicine. And so, because I trust, beyond trust, 100%, I literally went on GoDaddy, typed in etheric medicine, ethericmedicine.com is available for a dollar or something. Because nobody knew what it was. And I didn't even know what it was. So I bought it first and then I Googled etheric, and I was like, oh my God, this is exactly what's happening, what you're teaching me. Like it makes my hair stand to this day because I literally am taught. And what's incredible is I was pre-med when I, and my dad was killed when I was 20, but and then I became a paramedic. I went to Loyola Paramedicine. And so, as my mom said, I wanted to be a doctor before I could even pronounce it. And here I am being like flanked by Spirit doctors being taught like all these things and it's etheric medicine. Because now I understand this day was always gonna come. The time that we are in was always the plan. And so to be able to speak about the need and the necessity for what is etheric medicine and Western medicine to collaborate is vital, vital for us to heal, fully heal, and then vibrate higher and transcend, and more people living in life purpose. How profoundly powerful would that be? I like to imagine that world, right? Because we wouldn't have a pandemic. We wouldn't have mental illness or people blown off because they have mental illness at minimum. We wouldn't have all of this stuff if we could all come in, first and foremost, and be responsible for our soul's journey and our own soul's healing and be dependent on our guides, because they're here with us, whether we wanna believe it or not, it's still the truth.

Nathan Crane:

So what you're saying has profound impact for the future of humanity, for the future of each individual tuning in in their own health and healing journey. And obviously, people can work with you. And I encourage people who are interested, go to ethericmedicine.com. Bobbi has a free video there. I've actually been doing it in the mornings. I really like it. It's called Breathe in the Light, which she's talked about a little bit. Try that out, join her newsletter. But you can also book a session with her directly. But in addition to that, as we kind of wrap up here, what advice would you give people to, like how can people enhance their connection to Spirit further? Like what practical steps can people actually take to connect to their guides, to connect to Spirit, to have more of a direct communication with their deeper spiritual connection to their higher self, to God, to Spirit, to source, and to their own intuition for helping find out what they need to do on their healing journey?

Bobbi Vogel:

Well, it's that, so the Spirit taught Breathe in the Light exercise that we've been talking about was brought to me four years ago during my own healing. And so I thought it was for me, at the time. But now here, Spirit has said, I need to share it because it is uniquely individual to each soul and what we're here, what's going on with us. And it's meant to, because in it, at the end of it, you'll

see, there's a prayer. If you wanna call it a prayer, if you wanna call it just like talking to your peeps. But it's that, what I did, and that's another story, but you can see my story on my website, how I got brought to this purpose was being stripped of everything, but faith. So and then I asked, God help me. And I said, I need a pretty big sign, right? And the short version of it is like, you start asking. See, you're not gonna understand most people, and there's a lot of people that of course, that this, they're already in the know about. But see, unless you ask, you're not gonna know that you received. And when you start putting down your ego, I don't care who you are. Boy, girl, man, woman, Christian, not Christian, it doesn't, whatever age, just have the courage to start saying, hey, guides, I kinda wanna believe that you're here. I'm on the fence. Like they don't take offense to anything. I gave God an ultimatum five and a half years ago. And just, hey, be honest and say, I wanna get on this path. Can you? I need help. See, because we need to ask. It's a spiritual law as well, ask. But it's not a cliché, ask and you shall receive. But if, this is why people think, oh, what a coincidence? Oh, how, well, that's weird that that happened right then. It isn't, it's not weird. It's not a coincidence. The reason that we think it's a coincidence is because we didn't ask.

Nathan Crane:

Yeah, that's right. I call those experiences divine synchronicities.

Bobbi Vogel:

Divine.

Nathan Crane:

It's always meant to happen.

Bobbi Vogel:

Always. And it's so beautiful if we can, because this is the way I live life, and now I'm like, I was a real estate agent, and then here I am doing this. Like what? And because I asked, what did I say I was gonna do here? Please lead me to it. I'm here for it, whatever it is, right? 'Cause I went through, and then here I am. Like, are you serious? And this is available for all of us. But you have to have the courage and put the ego down, and just say, hey, guides, I'm gonna try this out. So it's not like you wanna ask for a lightning bolt to hit your neighbor's car or something as proof. But like, what do you need help with? What are you trying to figure out? What is it? Should I take this job? Start small. Should I take this job or that job? Or whatever, whatever. And then tap on the door. Does it open? No. Okay, tap on the other one. Does that one open? Yes. Great. It's literally like that. We don't have to kick doors down. We have like, Spirit can move mountains for us. All we need to do is sit back and have faith in that, whether it's health mountains, or relationship mountains, or emotional. Like it doesn't, whatever it is we need is available 100% of the time, 24/7.

Nathan Crane:

I love that you're saying that, because one of the things that I teach people who have a cancer diagnosis is look, it's taken years for this cancer to form in your body. And yes, your oncologist is gonna wanna rush you to surgery, chemotherapy or radiation, but you have time. You have time to go home and sit down, calm yourself, right? We have to reduce some of that stress, some of that anxiety, some of that fear of the prognosis. Get into a state of calmness, of mindfulness, whether do a meditation to do it, do the Breathe in the Light exercise, Qigong, I do Qigong on a daily basis, whatever it is that can calm you down and center you, connect you to the Spirit within, and then ask, right? Just like you're saying, ask your guides, your higher self, God, your intuition, is this the right treatment for me? Is this the right protocol? And if not, show me what is the right treatment path for me.

Bobbi Vogel:

For me. Right.

Nathan Crane:

Yeah, 'cause and then you'll feel it. If you are tuned in and you're calm and you're not anxious, you'll have an answer. It may not be in that exact moment, is what I found.

Bobbi Vogel:

Right.

Nathan Crane:

Sometimes it comes later. Sometimes it comes on a bumper sticker of some kind. Sometimes it's like five, for me, sometimes if it's a big thing, it happens over time through a series of confirmations until I get to a point of certainty. It's like, nope, that's not for me.

Bobbi Vogel:

Yeah, or you're standing in it.

Nathan Crane:

Or yes, it's right there in front of you. Okay, here it is.

Bobbi Vogel:

Yeah.

Nathan Crane:

Or I'm already doing it, I just need to get this and this also.

Bobbi Vogel:

Right.

Nathan Crane:

Right? Yeah. Which is, going back to Dr. V's story, during her interview, one of the things she talked about was she was already on a natural path for a long time. She was already eating well and doing all of these different things. And when she got cancer, she was like, how could I get cancer? I'm like a very healthy person. I know about health, had been eating healthy and living healthy. Well, there were a couple missing pieces that she was missing in her life that she found out, oh, I need to do this and this and this. And then two years later, cancer was gone, right? Doing natural approach, yeah.

Bobbi Vogel:

Yeah. And that's incredibly important as well, Nathan, because another piece of advice, or Spirit advice, is again, understand or try to start understanding that there is no other soul on the planet right now with the same energetic makeup or life purpose. A lot of us have life purposes that looks similar. There is no one, and I know this straight from God, there is no one that has the exact unique anything as us. So for that reason, if any kind of medicine, even if it's integrative or what, it doesn't matter what it is, if you're trying, if you're being put in a box, because oh, you have, you're showing up with these symptoms, or this or this, and you're this age, or you're a smoker. It doesn't matter. If they're like, oh, ah-ha, here, take this. You, no. We have to start tuning in and asking, what is it that's right for me? Don't allow yourself to be put in anyone's box. Anyone's box. It's vital that we start working with our energy, asking our bodies, as we've talked about, it's cute. Like, I think it's cute. Because when people's organs will communicate with me, they all have their own little vibration. I like to think it was like a little, bunch of little puppies or something, like. 'Cause it's, there's this sweetness, I don't know how to explain it, but there's this sweetness, an innocence almost that we must, we're the captain of the ship, right? If they can't trust us and we're not like, it doesn't matter if we're drinking water, if we have, if our energy body's fluttering, if our lights are fluttering, then we need to calm that down because the water's not gonna make it to everybody. And that's how it looks to me. It's like, there's organs down there being like, hey, hey. Like, I need more, right? 'Cause they're not getting the supplements, they're not getting the water, they're not getting the nutrition, even though you're putting it in your body. So this is so important to be like, all right guys, I'm here, I'm taking control of this whole thing. What do we need? And then your body will tell you. And if you're on a ton of supplements right now and you're still like, oh, I don't,

I'm not feeling or this or this, what Spirit has been telling me or having me share with clients, who lots of 'em are nutrition coaches and all this, is stop taking everything. Stop taking everything for a minimum of a month, I don't know why they come up with that, but for a minimum of a month, clean your slate, and then re-introduce one thing at a time, and see how you feel. And if that one thing isn't making a difference, stop taking the one thing. And then for some reason, it's two weeks in between, and then take the next thing. But piling things into an energy body, 'cause that's what you're ultimately doing, and asking it to break down these capsules and these, and which is another thing, take tinctures instead of capsules whenever you can. But to ask a already depleted physical and etheric body to manage all of this and just keep asking it to do more when it's not getting what it needs in the first place is not the right thing to do. Even if all of those supplements individually are incredible and powerful, and I know there's lots of 'em out there. it doesn't matter, you've got to figure out what your body needs, both of 'em, physical and energy body need. What do they need? Ask 'em both. Because they collaborate and you have both. So it's vital.

Nathan Crane:

Yeah, I love that. I mean, it's one of the things that you asked me a couple of days ago. You're taking a lot of supplements. I'm like, yeah. And what was funny about it is I've been having this kind of little thought come up a couple of times, like, man, that's a lot of capsules I'm taking. Like how's my body responding to all this plant cellulose capsule that has to break it down. I've literally had that thought a couple of times, like maybe I'm taking too many. Maybe I should switch it up.

Bobbi Vogel:

Yeah.

Nathan Crane:

And you were like, you're taking, 'cause you're like I see this energy in your stomach that you're taking a lot of supplements there.

Bobbi Vogel:

Yeah.

Nathan Crane:

I was like, yeah. So anyway, I mean that's a huge piece of advice right there. Just, I love the idea of like literally detoxing your body, cleansing, I just did a cleanse recently. I love cleansing and detoxing, which is a great way to clean out your body. We have a series of interviews that are part

of this, you can go and listen to, on how to cleanse and detox safely and effectively. Get your body clean, your bodies clean.

Bobbi Vogel:  
Yeah, your bodies.

Nathan Crane:  
Yes, and then I love what you said, it's like introduce one at a time, and say, okay, is this working? Do I feel it? Does it feel good? If not, move on. Try something else, try something else. Instead of just piling it all on and you're forcing your body to do a lot of extra work. A lot of energy has to be put into breaking down all those capsules too rather than putting that energy towards actually healing the body.

Bobbi Vogel:  
Right. Yeah, and again, remember, with the tincture, back to the CBD, THC, what we learned is that, that it really does prefer, it's powerful to do any tincture over a capsule. I know it's not always possible. I don't even know, I don't take supplements, but. Well, except I just started taking Zach Bush's Biome. But is that the, the tincture, the energy of it would rather intuit where it is needed than you put it in your stomach.

Nathan Crane:  
And that's scientifically proven what you're saying, is actually your mouth is the beginning of your digestion process, and it actually takes 20 seconds, I've interviewed neuroscience researchers on this, it takes 20 seconds of having something in your mouth for your brain to fully recognize what it is and start producing the enzymes that are gonna help your body to digest and absorb the nutrients from that particular food or plant or anything.

Bobbi Vogel:  
Right, okay, cool.

Nathan Crane:  
So yeah, it's like what you're saying, that you're getting from Spirit, science has validated that, so it's beautiful.

Bobbi Vogel:  
Yeah, it is really cool. Because a lot of people will say, have you read this book or that book or have you heard so-and-so's podcast or this or that? I'm like, no, I haven't read anything, because I'm

like, who better to hear it from, right? And so I trust it and that's important to me because I just wanna be in service. And I want people to heal, whether it's physically, emotionally, spiritually, like that's what I wanna be part of. So being taught by a trusted Source is, means the world to me, so.

Nathan Crane:

Yeah, I don't think there's any better source to learn from then than the Source. Listen, Bobbi, I just wanna say thank you so much. I know we were a planning 30, 35 minutes, we've gone almost an hour, and I love it. This has actually been a truly inspiring, invigorating conversation. I hope and believe people tuning in just got tremendous value from this. You dropped 100 just wisdom bombs, and I love what you're doing and how you present and share this inspiring information. So thank you so much for what you do.

Bobbi Vogel:

Thank you, thank you.

Nathan Crane:

And for being a beautiful vessel for Spirit, yeah.

Bobbi Vogel:

Thanks so much, Nathan.

Nathan Crane:

Yeah, and I wanna thank all of you tuning in here to the Global Cancer Symposium. Make sure to share this with anyone who needs this life-changing information. Make sure to go to ethericmedicine, E-T-H-E-R-I-C, ethericmedicine.com to learn more about booking a session with Bobbi and to experience her Breathe in the Light video. Also, I encourage you to visit healthandhealing club.com. You can learn more about the global membership dedicated to helping people get and stay healthy. Again, I'm Nathan Crane, and I wish you all ultimate health and happiness. Take care.