

Scenar Therapy for Pain and Physical Harmonization

Nathan Crane interviewing
Danielle Palmer



Danielle Palmer

Hi, my name is Danielle Palmer and I am a SCENAR technician. So what is SCENAR? Well SCENAR stands for Self-Controlled Energy Neuro-Adaptive Regulation. And it's a microcurrent frequency device that is an FDA class two medical device that is approved for the treatment of acute and chronic pain. So what makes SCENAR good are different from everything else out there? Well, SCENAR are not only uses microcurrent frequency but its impulses are extremely different from any other type of device. So what it does is it actually mimics the same impulses that we use in the nervous system. And because of that, it's basically speaking the same language as your body central computer.

So because of that and because of how rapidly it communicates, your body can never get used to it. And that's one of the main differences but also it not only speaks the same language as your body but it also actively negotiates with your body for the highest rate of change. Here at the center we use this for acute and chronic pain as well as regulating the nervous system into a state of homeostasis.

Nathan Crane

How does it do that?

Danielle Palmer

Basically it's sending corrective impulses every millisecond. So every millisecond, the device sends out an impulse, the body reads that, it sends its own impulse back and then SCENAR generates a new impulse according to what the body sent back and sends out regulatory impulses.

Nathan Crane

And those are frequency based impulses.

Danielle Palmer

So basically it's speaking the same language as your body's a central computer, your body's nervous system. And so these impulses mimic that of the action potential. And so because of that, it's basically regulating all of the neurological impulses as well as the neuropeptides and endorphins that are being produced. So anything that's hypoactive, it'll speed it up. Anything that's hyperactive, it'll slow it.

Nathan Crane

And does it do that by changing its frequency of the impulse that it sends or how does it do it?

Danielle Palmer

It's not changing frequency but what it's doing is it's slightly changing the wave form. And so that's how our bodies function. That's how they work. Frequency is very much like information. We're very much like computers. And so microcurrent is the energy that our bodies use, frequency is the information. And so this is generating information but in the same way that our nervous system does.

Nathan Crane

So how does it affect the, you said affects of neuropeptides?

Danielle Palmer

Neuropeptides and endorphins.

Nathan Crane

How does it do that?

Danielle Palmer

So it's working on your mediators. And so mediators stimulate the production of all these chemicals, these healing chemicals within the body. So if the body's producing too much of something it will regulate it to pull it down. If it's producing too little of something it will speed up the regulation.

Nathan Crane

So what kind of results have you seen using this with cancer patients?

Danielle Palmer

It's been extremely beneficial for them with their pain due to neuropathy, due to, you know things that they had already had going on on top of cancer, you know, so a lot of people they have autoimmune dysfunction and they have arthritis pain or they have any other type of back injury or a pain in their feet and burning sensation. A lot of times they get nerve pain, and so that's been really, really beneficial for them.

Nathan Crane

And what other applications, do you use it for primarily for pain?

Danielle Palmer

In the United States it is approved for acute and chronic pain. We do work with the body's central computer. And so in bringing that to homeostasis it tends to have a general wellness effect on the body which is obviously very, very beneficial.

Nathan Crane

Is it like upregulating the parasympathetic nervous system?

Danielle Palmer

Yes.

Nathan Crane

Is that how you could describe?

Danielle Palmer

Yeah, actually, so while we work, a lot of times we work on the spine as well as just to the left, just to the right because what we're doing is we're working on the central nervous system, as well as the sympathetic and parasympathetic nervous system.

Nathan Crane

Interesting, can you hold it up, show everybody there.

Danielle Palmer

So this is SCENAR.

Nathan Crane

And how long are treatments and what does that look like?

Danielle Palmer

Usually we work with people for an hour. And so what it looks like usually as we start on the spine, so we'll have them lay face down, and what we do is we start along the center of the spine, just to the left, just the right. And we're actually able to tell which areas need to be worked on. SCENAR are so smart that it actually tells the technician where to work. So it actually kinda forms a magnetic response with the body. It'll get sticky. And so we can see where areas are very active and where they're not. We also get a number readout so we can actually tell how fast the body's responding or how slow the body's responding.

Nathan Crane

Interesting, what else, anything else people who have cancer, who are interested in more integrative treatments what else would they need to know about something like this?

Danielle Palmer

I would say in everything that they've tried as far as pain management goes, if they haven't tried this, this is definitely a tool for them to try, if they don't have a pacemaker or defibrillator or obviously are pregnant 'cause those are the contraindications. But this is the only thing that I've found working in this field for the last 10 years that actually negotiates and pushes the body. It's not passive like everything else. It doesn't just send signals at the body. It actually has a conversation back and forth with the body. And what's so incredible about this is it's actually it allows your body to control the session. So when your body says it's had enough, it doesn't push any further. And that's why in the 40 years that this technology's been around, there's never been any adverse side effects.

Nathan Crane

Wow, how quickly does somebody sees results?

Danielle Palmer

Most people notice something right off the table. So usually what I tell people is, "Give me about three sessions and you'll notice something. "If you don't, this is not the technology for you "and I'm not gonna waste your time." I've never had not come back.

Nathan Crane

What kind of pain reduction in terms of percentage are you seeing with a lot of people?

Danielle Palmer

It's on the issue. So usually if something's chronic it's more embedded in the system. And so it's almost like a habit that you have to break. If something is acute, it tends to go away a lot faster but really it depends on the individual. It depends on how their body is responding. It depends on where they're at and how quickly their body can cope but this will push them in the right direction and really streamlines the healing process.